

Acorus Calamus L



Synonym

Bach ,vekhand , muskrat root

Family

Acoraceae

Distribution

northern temperate and subtropical regions of Asia, North America, and Europe ,India

Chemical constituents

α -asarone , (E)-methyloisoeugenol , and methyleugenol , β -asarone , α -cedrene and camphor

Plant part used

root (rhizome)

Uses

gastrointestinal (GI) problems including ulcers, inflammation of the stomach lining (gastritis), intestinal gas (flatulence), upset stomach and loss of appetite (anorexia)