


<p><i>Vitex trifolia L</i></p>	
<p>Synonym</p>	<p>Safed sarbhalu</p>
<p>Family</p>	<p><u>Lamiaceae</u></p>
<p>Distribution</p>	<p>tropical East <u>Africa</u> as far east as <u>French Polynesia</u></p>
<p>Chemical constituents</p>	<p>3<math>\alpha</math>-hydroxylanosta-8,24E-dien-26-oic acid , lignan, matairesinol 4'-O-<math>\beta</math>-D-glucopyranoside , ecdysone, turkesterone</p>
<p>Plant part used</p>	<p>leaves</p>
<p>Uses</p>	<p>to treat ailments like rhinitis and dizziness</p>