

*Adhatoda zeylanica*  
*medikus*



Synonym

adulsa, adhatoda, vasa,

Family

*Acanthaceae*

Distribution

Assam, Bangladesh, India, Pakistan,  
Nepal and Sri Lanka

Chemical constituents

alkaloids, tannins, saponins, phenolics  
and flavonoids

Plant part used

leaves, roots, flowers and stem bark

Uses

cough, colds, asthma, to liquefy sputum,  
as a bronchodilator, bronchial catarrh,  
bronchitis, and tuberculosis