

## *Equisetum hyemale L.*



Synonym	Scouring rush, rough horsetail, Dutch rush, Shave grass, Snake rush.
Family	<i>Equisetaceae</i>
Distribution	North America, Europe, Australia, Asia
Chemical constituents	Alkaloids, flavonoids, terpenoids, saponins, tannins, volatile oil and phenolic compounds.
Plant part used	Stem.
Uses	Diuretics, antioxidant, anti-inflammatory.