

*Prunus avium* L



Synonym	<i>Cerasus avium</i> (L.) Moench, <i>Prunus cerasus</i> var. <i>avium</i>
Family	Rosaceae
Distribution	Europe, Western Asia, Parts of North Africa, North America (USA, Canada), South America (Chile, Argentina)
Chemical constituents	Flavonoids (quercetin, kaempferol), Hydroxycinnamic acids, Vitamin C, Melatonin (in small amounts), Sugars (glucose, fructose), Organic acids (malic, citric)
Plant part used	Fruit, bark, leaves, seeds, gum, wood
Uses	used in arthritis and gout, Mild laxative effect, Sedative effect (due to melatonin content), Antitussive (used in cough syrups), Astringent, Used in decoctions for bronchitis, colds