

Zingiber cassumunar



Synonym	Plai, Cassumunar ginger
Family	<i>Zingiberaceae</i>
Distribution	Thailand, India, Indonesia
Chemical constituents	Sabinene, Terpinen-4-ol, Curcuminoids
Plant part used	Rhizome
Uses	Anti-inflammatory, Analgesic, Antimicrobial, Massage oil